Table of Contents

Table of Contents i
List of Figures iv
List of Tables v
List of Abbreviations vii

A. Foundations 1
I. Introduction 2
I.1 Motivation 2
I.2 Research Gap and Research Questions 4
I.3 Structure of Thesis 9
I.4 Research Positioning, Design, and Space 11
I.5 Anticipated Contribution and Implications 15
II. Research Background 20
II.1 The Advent of Mobile Technology 21
II.2 Digitizing Healthcare and the Role of mHealth 24
II.3 Supporting Development Through Technology 27
II.4 Towards an Understanding of mHealth4D 29
B. Studies on mHealth in the Global South 33
I. Assessing the Status Quo 34
1. Study 1: Framing Research Questions Intersecting IS and Health 35
1.1 Introduction 36
1.2 Health in Information System Research 37
1.3 The Belief-Action-Outcome Framework Intervention Research 38
1.4 Research Approach 40
1.5 Results 41
1.6 Directions for Future Research 46
1.7 Concluding Remarks 48
II. Research in the Global South 49
1. Study 2: Fostering NCD Prevention in The Global South 50
1.1 Introduction 51

1.2 Background 52
1.3 Guiding Research Framework 55
1.4 NCD Prevention in Decentralized Healthcare: The Case of eSwatini 57
1.5 Research Approach 58
1.6 Results of the ADR Process of Designing an mHealth App 61
1.7 Discussion 74
1.8 Conclusion 78
1.9 Appendix 78
2. Study 3: Overcoming Digital Challenges 82
2.1 Introduction 83
2.2 Conceptual Background 84
2.3 Hypotheses Development and Research Model 89
2.4 Research Design 90
2.5 Analysis and Results 93
2.6 Discussion 98
2.7 Concluding Remarks 101
III. Synthesis of Knowledge 102
1. Study 4: Healing the 'Pilotitis' in mHealth 103
1.1 Introduction 104
1.2 Background 105
1.3 Research Approach 110
1.4 A Holistic Stakeholder Perspective on the mHealth Intervention Process . 114
1.5 Discussion 125
1.6 Conclusion 131
1.7 Appendix 132
C. Contributions 137
I. Findings and Synthesis 138
I.1 Findings for the Status Quo of Health IS Research 138
I.2 Findings through Research in the Global South 140
I.3 Findings for Fostering Scalability and Sustainability 143
I.4 Synthesis of Findings 144

II. Limitations and Implications 151
II.1 Limitations 151
II.2 Implications for Research and Practice 153
III. Concluding Remarks 157
References 159
Appendix xi
Appendix A. Overview of the Contributions in the Studies of this Thesis xii
Appendix B. Overview of Further Published Studies (VHB A and B Only) xiii
Appendix C. Curriculum Vitae xiv